PHB





Dr. Arvind Kumar Gupta (M.Pharm, PDCR, PGDMM & Ph.D) GATE 2003 Qualified with 97.2 percentile Dr. S. N. Dev College of Pharmacy Shamli (U.P.)

OFFICE: BUILDING No. 3/314, OFFICE-1, GAUSHALA ROAD, SHAMLI DISTRICT SHAMLI (U.P.) – 247776 Mobile: +91-9719638415

Email: arvindrkgit@gmail.com, www.phbeducation.com

D. Pharm Exit Exam - 2024

Course Name	: D. Pharm
Year	: First Year
Subject Name	: Pharmaceutics
Topic Name	: Nasal Preparations

MULTIPLE CHIOCE QUESTION

1. Which of the following is NOT a method of nasal preparation?

- A) Nasal spray
- B) Nasal irrigation
- C) Nasal surgery
- D) Nasal inhaler
- Answer: C) Nasal surgery
- 2. What is the purpose of nasal preparation?
- A) To clean the nasal passages
- B) To treat nasal congestion
- C) To moisturize the nasal mucosa
- D) All of the above
- Answer: D) All of the above
- 3. Which of the following conditions can nasal preparation help alleviate?
- A) Allergic rhinitis
- B) Sinusitis
- C) Nasal polyps
- D) All of the above
- Answer: D) All of the above
- 4. Which component is commonly found in saline nasal preparations?
- A) Antihistamines
- B) Steroids
- C) Sodium chloride
- D) Antibiotics
- Answer: C) Sodium chloride
- 5. Nasal sprays are typically administered in which form?
- A) Liquid
- B) Powder
- C) Gel
- D) Aerosol
- Answer: D) Aerosol

6. Which of the following is a potential side effect of nasal preparations containing steroids?

- A) Nasal dryness
- B) Nasal bleeding
- C) Headache
- D) All of the above

Answer: D) All of the above

- 7. What is the primary function of nasal irrigation?
- A) To deliver medication directly to the nasal mucosa
- B) To moisturize the nasal passages
- C) To remove mucus and allergens from the nasal passages
- D) To reduce nasal inflammation

Answer: C) To remove mucus and allergens from the nasal passages

- **8.** Which of the following is a natural ingredient commonly used in nasal preparations for its antibacterial properties?
- A) Eucalyptus oil
- B) Tea tree oil
- C) Lavender oil
- D) Peppermint oil
- Answer: B) Tea tree oil
- 9. Nasal preparations are primarily used for which route of administration?
- A) Oral
- B) Intravenous
- C) Intranasal
- D) Sublingual
- Answer: C) Intranasal

10. Which of the following is a common indication for the use of nasal preparations?

- A) Fever
- B) Earache
- C) Nasal congestion
- D) Stomach ache
- Answer: C) Nasal congestion
- 11. Which of the following is NOT a potential benefit of using nasal preparations?
- A) Improved sense of smell
- B) Reduced nasal congestion

- C) Enhanced nasal moisturization
- D) Prevention of sinus infections
- Answer: A) Improved sense of smell
- **12.** Nasal preparations are commonly used in the treatment of:
- A) Glaucoma
- B) Migraine
- C) Hypertension
- D) Rhinitis
- Answer: D) Rhinitis
- 13. What is the primary mechanism of action of decongestant nasal preparations?
- A) Vasodilation
- B) Vasoconstriction
- C) Anti-inflammatory action
- D) Antihistamine effect
- Answer: B) Vasoconstriction
- 14. Which of the following is NOT a common side effect of nasal preparations?
- A) Sneezing
- B) Nasal irritation
- C) Drowsiness
- D) Nosebleeds
- Answer: C) Drowsiness

15. Nasal preparations containing which ingredient may be used to treat nasal polyps?

- A) Steroids
- B) Antihistamines
- C) Decongestants
- D) Antibiotics

Answer: A) Steroids

16. Which of the following conditions would NOT typically require the use of nasal preparations?

- A) Seasonal allergies
- B) Nasal fracture
- C) Chronic sinusitis
- D) Deviated septum
- Answer: B) Nasal fracture

17. Which of the following is a potential complication of prolonged use of nasal preparations containing decongestants?

- A) Nasal dryness
- B) Rebound congestion
- C) Nasal bleeding
- D) All of the above
- Answer: D) All of the above
- 18. Nasal preparations may be contraindicated in individuals with:
- A) High blood pressure
- B) Low blood pressure
- C) Allergies
- D) None of the above
- Answer: A) High blood pressure

19. Nasal drops containing which ingredient may help alleviate nasal congestion by thinning mucus?

- A) Decongestants
- B) Antihistamines
- C) Saline solution
- D) Steroids
- Answer: C) Saline solution
- **20.** Nasal preparations are absorbed through the:
- A) Gastrointestinal tract
- B) Nasal mucosa
- C) Skin
- D) Respiratory system
- Answer: B) Nasal mucosa
- **21.** What is the primary purpose of nasal packing?
- A) To deliver medication to the nasal mucosa
- B) To prevent bleeding after nasal surgery
- C) To reduce nasal congestion
- D) To protect the nasal passages from infection

Answer: B) To prevent bleeding after nasal surgery

22. Which of the following is a common ingredient in nasal preparations for its anti-inflammatory properties?

A) Acetaminophen

B) Ibuprofen

C) Corticosteroids

D) Aspirin

Answer: C) Corticosteroids

23. Nasal preparations should be used with caution in individuals with:

- A) Liver disease
- B) Kidney disease
- C) Lung disease
- D) All of the above
- **Answer: D)** All of the above

24. Which of the following is a potential complication of nasal preparations containing preservatives?

A) Nasal dryness

- B) Nasal bleeding
- C) Allergic reaction
- D) Headache
- Answer: C) Allergic reaction

25. Nasal preparations are typically administered via which route?

- A) Intravenous
- B) Oral
- C) Intranasal
- D) Subcutaneous
- Answer: C) Intranasal