

## Formulation: Purgative Gastric Flavored Churna

**Formulation Table: (Composition for 50 gm)**

S. No.	Ingredient Name	Botanical Name	Ingredient Hindi Name	Part use	Quantity
1.	Jeera		भुना हुआ जीरा	Fruit	10 gm
2.	Sonth		सोंठ	Powder	5 gm
3.	Black Salt		काला नमक	Powder	10 gm
4.	Saindha Salt		सेंधा नमक	Powder	10 gm
5.	Black Pepper		काली मिर्च	Bud Powder	2.5 gm
6.	Lemon Juice		निम्बू सत	Juice	5 ml
7.	Pipel Bud		पीपल बड	Powder	2 gm

### Preparation Method:

**Method of use:** half teaspoon with warm water.

### Uses:

1. Digestive Disorders
2. Costipation

**Side Effect:** No Side Effect