

Reproductive and Child Health – Nutritional aspects.

S. No.	Health Programme	Launched Year	Scheme
1.	Janani Shishu Suraksha Karyakaram (JSSK)	2011	Benefit of pregnant women health facilities for their delivery.
2.	Rashtriya Kishor Swasthya Karyakram (RKSK)		
3.	Rashtriya Bal Swasthya Karyakram (RBSK)		
4.	Universal Immunisation Programme		
5.	Mission Indradhanush / Intensified Mission Indradhanush		
6.	Janani Suraksha Yojana (JSY)		
7.	Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)		
8.	Navjaat Shishu Suraksha Karyakram (NSSK)		
9.	National Programme for Family planning		
10.	Haemophilus influenza type b (Hib)		

Practical - 4

Date: / /

Aim: To study the reproductive and child health – nutritional aspects.

Reference:.....

Requirements:.....

Theory: The Reproductive and Child Health Programme (RCH) was launched in the country in the year 1997 to enable women to regulate fertility and to ensure safe pregnancy and childbirth. The programme was started as per recommendation of the International Conference on Population and Development held in the year 1994. To reduce infant mortality rates, maternal mortality rates and provide quality services to pregnant women and children across India is one of the primary missions of the National Health Mission.

Components of RCH:

- Child survival and safe motherhood program.
- Family planning.
- Management and prevention of RTI/STD and AIDS.
- Providing information, counseling services on gender difference, sexuality and health.
- Nutrition, education growth monitoring and reproductive health services for adolescents.

Objective of RCH:

- Reduction of infant morbidity and mortality.
- Reduction of maternal mortality and morbidity.
- Promotion of adolescent health.
- Control of reproductive tract infection and sexually transmitted infection.
- Improve efficiency, quality and coverage of the family wellness services.
- Population stabilization through responsible reproductive behavior.
- Ensure safe motherhood and child survival.

Reproductive Child Health Service:

For mothers:

- Toxoid immunization
- Birth spacing
- Prevention and treatment of anemia
- Delivery of the child by trained personnel
- Promotion of institutional deliveries
- Antenatal care and early detection of maternal complications

For children

- Newborn care
- Breastfeeding and weaning

- Immunization
- Management of ARI and diarrhea
- Anemia treatment
- Vitamin A prophylaxis

Report: In detail study the reproductive and child health – nutritional aspects was studied.

Questions Bank

1. What is the full form of RCH vaccine?
2. RCH was launched in the country in the year.....
3. ICPD was launched in the country in the year.....
4. Write the objective of RCH.
5. What is the full form of RBSK?
6. When was RCH formed?
7. What is the toxoid immunization?
8. What is the Anemia?
9. What is morbidity?
10. What is the mortality?