

## CHAPTER – 1 Social Pharmacy

### Topic: Indian Perspective of National Health Policy

#### 1.1

#### INTRODUCTION

National Health Policy is an initiative by the Central Government to strengthen the health system in India. This initiative moulds various dimensions of health sectors like disease prevention, promotion of good health via cross-sectoral actions, health investment, strengthening human resources, technological advancements and more.

Launched in 2017, the National Health Policy replaces the existing policy previously established in 2002. There are significant changes brought to the policy framework and its objectives.

#### 1.2

#### Objectives of National Health Policy

The National Health Policy aims to achieve the following goals:

- It aims to offer superior health services to every age group and gender.
- The policy focuses on providing universal access to excellent quality health care services at a reasonable cost.
- Promoting health care orientation in every developmental policy.
- Offering access to better treatment, lowering expenses related to health care services and improving quality.
- It aims to reduce premature mortality from cancer, cardiovascular diseases, chronic respiratory diseases and diabetes by 25% within 2025.
- This policy recognize the importance of sustainable development and time-bound quantitative goals.
- National Health Policy in India improves overall health status through promotive, palliative, and rehabilitative services.

#### 1.3

#### Goal of National Health Policy

National Health Policy was launched in 2017 by the Central Government to replace the existing health policy. This policy has introduced four significant goals:

**1. Changing health priorities:** This policy aims to tackle the increasing non-communicable and infectious diseases in India.

- 2. Growth of the health care industry:** National Health Policy plans to strengthen the health care industry by introducing newer and more advanced technologies.
- 3. Lower the expenditure:** This policy also aims to reduce medical expenses and other health-related costs. They aim to provide superior services to poor and backward communities.
- 4. Economic growth:** It aims to enhance fiscal capacity by boosting economic growth.

**1.4****National Health Policy**

Three National Health Policy was launched by the Ministry of health and family welfare.

1. First National Health Policy (1983)
2. Second National Health Policy (2002)
3. Third National Health Policy (2017)